Dear Members of the Manea Senior College Community

In Term 2 Murdoch University in conjunction with Manea Senior College and the South West Development Commission were awarded $85,000 towards the South West Creative Arts Film Education Project via Royalties for Regions. This means that staff and students at Manea had the opportunity to participate in the making of a movie right here at Manea!

Room 2.22 – Movie@Manea

Workshops in acting, story boarding and script writing for interested students were held along with auditions. The movie was filmed over the last 3 days in the last week of Term 2, with a crew of 37 on site including actor Myles Pollard (Drift, Home and Away, MacLeods Daughters etc).

The film had its official launch and several screenings during Cinefest Oz South West, August 26-30. The final product was an outstanding short film show casing many of our students both on screen and back stage. I would like to thank all of the students for their enthusiastic participation, along with the work of our staff in Hayley Searle and Les Pearce, the Murdoch University film students and of course Myles Pollard and Brad Major – producers.
The Final Stretch
It has been great to see so many students accessing the College tutoring program recently. This program along with the upcoming ECU and Manea Year 12 ATAR Revision Seminars is designed to boost the outcomes for all students involved. I encourage all students to use the Term Three break as the final opportunity for academic catch up and study time. Year 12s only have five weeks of school left and need to make the most of every opportunity. The students sitting ATAR exams have just over seven weeks to complete revision programs, so use the time well and make some smart choices about prioritising study, eating healthily and getting adequate sleep.

Year 11s will also benefit in using the final break to get ahead of the pack by completing work and revising.

Outstanding Charges & Contributions
Thank you to those parents that have paid their child’s Charges and Contributions for this year. There are however still a number of accounts that require payment. Please note that outstanding balances should have been fully paid by 2nd April 2015 unless alternative payment plans were put in place. Outstanding amounts still owed to the College will be sent to parents along with a letter from me outlining options. Please contact our Manager Corporate Services if you have any queries.

Student Drop Off/Pick Up
Just a reminder that students’ should not be dropped off or picked up from the Visitor/Reception or Staff Car Park areas at the College. Please use the designated Student Drop Off/Pick Up Zone at the front (SWIT end) of the College.

Important dates:
- Term 4 begins – Monday 12th October
- Manea Showcase – Wednesday 16th October at BREC
- Year 12 Graduation Dinner – Thursday 22nd October
- Year 12 - Final College Day and Assembly – Friday 23rd October
- Leaving Class of 2015 Presentation and Awards Ceremony - Tuesday 8th December at BREC

Rod Rykers
Principal
‘Orange’ School Bus Services - 2016

Is your child starting or changing schools in 2016 and are you seeking Transport Assistance on an ‘Orange’ school bus?

The Public Transport Authority is requesting parents that have children starting or changing schools in 2016 and requiring bus travel to complete an online application for Transport Assistance by the end of September 2015.

www.schoolbuses.wa.gov.au

Please be aware; Transport Assistance is offered to eligible families in two forms, either by ‘Orange’ school bus or a Conveyance Allowance paid to parents to drive their children to and from school. The type of Transport Assistance provided to a family depends on many factors including, location and bus availability.

If your child is currently travelling on an ‘Orange’ school bus and they are not changing schools next year, there is no need to reapply or contact us as your transport arrangements as a rule will remain the same.

If you have any further questions please phone 9326 2625 or email schoolbus@pta.wa.gov.au

2016 Text Book Requirements and Charges

2016 Text Book Requirements and Charges will be available early in December. This information will be placed on our website.

Our preferred supplier for our text books will be OfficeMax and an online ordering process with home delivery (for a small fee) will be available. Information with instructions will be either posted or emailed to parents early in December.

Yearbook

The College Yearbook is a compilation of photos, events and stories that have happened at the College over the year. It is produced by our staff and students as a keepsake to look back on. The cost of this book is $25.00. Due to it being professionally printed we only order enough books to cover students who have pre-paid. If you have paid all of your Charges & Contributions you will receive a copy of the Yearbook automatically as it is charged as an item (unless you have specifically asked not to pay for it). Please contact the office if you are unsure of whether you have paid or not or if want to purchase a copy. Final orders and payment are required by 30th October 2015.

Manea ‘Showcase of the Arts’

Manea Arts students are gearing up for the annual Manea Senior College Showcase, which is scheduled for Friday October 16 at the Bunbury Regional Entertainment Centre. The Showcase will commence at 7.00 p.m.

The Showcase features all aspects of Manea’s Arts program: Dance, Vocal Maneacs, Short Films, Visual Arts, Drama and Design

Tickets are only $15 for adults and $10 for students and concession card holders. Tickets should be purchased from the Bunbury Regional Entertainment Centre, either by telephone or online.
Country Week 2015

This year we had our largest team of competitors travelling to Perth for the School Sport Country Week competition. Students competed in their chosen sport for five fierce days of competition. Whilst we celebrated many successes on the field or court there were also a few injuries suffered and a few tears shed also. Students enjoyed a number of social activities throughout the week, including the movies, Bounce and shopping. Our presentation night was a fine affair where players were recognised who stood out from the team. Some people spent little, some a lot of time preparing for their red carpet appearance. The bus ride home was a quiet affair with most students sound asleep before we left Perth.

Results for the teams were as follows:

- Boys Basketball 8th
- Girls Basketball 6th
- Boys Soccer 6th
- Girls Soccer 1st
- Boys AFL 7th
- Girls AFL 7th
- Mixed Touch Football 5th
- Mixed Hockey 5th
- Netball 5th
- Boys Volleyball 5th
- Girls Volleyball 6th
- Speech 7th

Online Graphic Design Exhibition

Showcasing the 3D designs of Manea’s Year 12 Certificate III Design Fundamental students’ this exhibition is the second phase of their exploration into three dimensional theory where they examined and experimented the functions of space, volume, mass and line.

Students have worked primarily in Adobe Illustrator to create their own individualised logo and then were required to create an object to display it on. These logos have been rendered giving them the appearance of three dimensions.

See the logo designs here

To view the 3D InDepth 2k15 Exhibition, a diverse range of physical 3D designs by the class, reserve your ticket for Manea’s Showcase of the Arts.
**SCIENCE CAFÉ – Academic Achievers Association (Triple A) Excursion**

A 6:30am bus trip was the start for most of our new Year 11 Triple A students on Wednesday 26th August for an excursion to UWA for the Science Café, hosted by Inspiring Australia, Chevron, Scitech and the University of WA. This was attended by over 400 staff and students from many schools around Western Australia and held in the magnificent Winthrop Hall. Ben Mintenko, Lani Davies, Jacob McGruddy, Shelley Goff, Kayla Barnes, Jade House, Bethan Rainey and Jessica Lawler joined Katrina Warren for a morning full of questions to over 70 scientists. Exploring the ins and outs of their occupations, discovering the roads they took to become successful, delving into their passion for Science and the world we live in, were a few of the insights to the day.

One of the many highlights was the energetic and entertaining address by one of the key note speakers, Dr Derek Miller. Dr Miller is the founder of the YouTube website - Veritasium (meaning 'an element of truth') - which is a Science video blog.

A big thank you to Jo Ellard for providing the students with the opportunity to attend this event.

**Huntington’s Disease Forum**

On the 7th of August, 2015, four Year 11 students and the Human Biology teacher, Peter Thompson, attended the Huntington’s disease forum, held at the Harry Perkins Institute of Medical Technology. The forum is held annually and aims to raise awareness of the disease. Students learnt about the effects of the disease, not only on the carrier but on their surrounding friends and family. They heard from people who had a possibility of carrying the disease and people who have children with Huntington’s, as well as those who work around and assist people suffering from the disease. After the open panel discussion students attended a range of activities: including DNA testing for the disease, a talk about how the disease is triggered and a discussion of the ethics involved with testing for the disease.

The day was a very good opportunity to open students’ eyes to the field of medicine, allowing them to develop their knowledge of medical pathways and what they may encounter in their future. Students said they enjoyed learning about the research side of the industry as well as being allowed to use various tools and instruments.

**Health and Medical Specialist Program - Crash scene simulation**

Year 11 HMSP students have been working on completing their Applied First Aid Certificate ready for the SIMEX crash simulation on September 18th.

The event is open to anyone in the community and involves fire fighters, police and paramedics as well as their vehicles. Students will put their skills on display under the guidance of paramedics and the event will take place at the ECU oval from 10.30am onwards.
Year 11 Academic Update

Year 11 students are now well beyond the half-way mark of Semester Two! This means that now is the perfect time for students to increase their effort ratings to ensure a strong finish to Year 11 and achievement of their personal goals.

All students will have examinations in Week 5 and 6 in Term 4. Students should ask their teachers if they are unsure of any aspect of their upcoming exams. For ATAR students, these will cover work from the whole year! This means students should now be revising the work from Semester One in each of their courses. Putting in the extra effort now will certainly reduce stress closer to the exams, and will significantly improve performance.

We have an extensive tutoring program running at the College that all students have access to, with teachers volunteering their time to provide extra support. Please make use of this free resource to help overcome any problems you may be having!

Students have also recently requested the courses they wish to study in Year 12. I would like to thank students for their mature and thoughtful approach to this process. Enrolment in the Year 12 courses students have selected may be dependent on their final academic performance this year. Meetings will be held later in the year with students where this is a concern. The aim is to ensure students are in suitable pathways in Year 12 to match their aspirations and their abilities. Students are not able to change their courses after the first few weeks of Year 12, so setting up a suitable pathway by the end of Year 11 is important.

I wish students all the best for the remainder of Year 11.

Simon Cox
Manager Curriculum

Student Services Term 3

The theme for this term is “R U OK?”- focusing on student and staff wellbeing. The Student Services Team re-visited the ‘Are You OK? Wellbeing for the Workplace’ Campaign during College meetings and reminded students that it is everyone’s responsibility to look out for each other.

The 40 Hour Famine event was run earlier in the term with numerous students participating at the College over the weekend; students gave up technology, furniture and food. The event raised hundreds of dollars for World Vision which will go towards helping those in need. The Student Services Team and the Student Executive Team also ran ‘Wear It Purple Day‘- an awareness campaign focusing on anti-discrimination and showing support; money raised on the day will go towards a local LGBTI organisation, True Colours.

In the coming weeks, the Student Services Team will be running a number of events including National ‘R U OK? Day’ on Thursday 10th September. Headspace Bunbury will be at the College providing information to students on the support services they offer young people. The team will also be running student workshops focusing on study skills, motivation and procrastination and stress management leading up to Semester 2 and WACE exams. On Wednesday in week 10, we will be running NAIDOC day- with a BBQ lunch, bush tours and a dance troupe visiting the College.

The team would like to congratulate Jade House and Katelyn Fokkema on receiving the Student Services award earlier this term and welcome back Asharie Bradshaw to the Year 12 Coordinator role!
Yr 12 HMSP students take off to Broome

After the exams in June the Year 12 HMSP students took off in a plane to Broome for a quick 4 day visit. The main purpose was to look at rural remote health careers and facilities as well as take in the atmosphere of a Kimberley township.

Students were able to visit Notre Dame University in Broome and look at the Health courses available, they visited Broome regional hospital, they were treated to a visit to La Grange primary school where they worked with Kindy to Year 6 students on health promotion activities and they visited the local Health campus in Bidyadanga.

Recreation activities included using the facilities at the Broome Camp School as well as a visit to the Malcolm Douglas crocodile park, a camel ride, early morning walks to see the sun rise and in the evening the sun set and the Broome markets.

Students were excellent, teachers had a great time and the experience will be remembered as a highlight of the HMSP program.

Yr 11 HMSP students at the WAALHIBE and SPINPHEX Rural Health Conference

Students in Year 11 completing the HMSP program were invited to participate in the university student’s rural health clubs annual conference held at Notre Dame university in Fremantle. Manea Senior College is the only high school in the state invited to this event and this is due to our emphasis on young adult behaviour and our specialist course. On the day students were exposed to keynote speakers and workshops provided by the university students.

The workshops held on a Saturday included: eye examinations, emergency medicine, signing in in Key Word and holistic assessments in clinical practice. Keynote speakers included a rural senior physiotherapist, a chronic disease nurse and a senior dental officer and director for Kimberley Health. The day before students went to see the Murdoch Universities Vet museum and Chiropractic clinic.

Science Spectacular and Health promotion with Yr 11 HMSP students

Students have been working on their health promotion projects for the last 4 weeks and were asked to put on an interactive display with give aways at the science spectacular held at the Bunbury Regional Entertainment Centre and at the College during lunch time.

Promotional areas included: Sun smart, Obesity and health, Red Cross blood bank and services and Headspace mental health. The displays were visible to the community and College students.
ALL ABOUT ANGER
FOR PARENTS AND TEENS

This interactive workshop has been designed to support families where anger is an issue. Anger is explained in a way that challenges our labelling of "an angry person" and instead helps us to understand that many of us have simply learnt to react to the emotion of anger in unhelpful ways. Parents and teens are encouraged to explore and discuss anger together in a safe environment.

We will also look at:
- How do you express anger in your family
- How can you recognise angry emotions in your body
- What’s going on behind the anger
- Some simple skills to help respond more positively when anger shows up
- Helpful ways to communicate between family members

Bunbury Family Relationship Centre
20 Molloy Street (Symmons Street access)
Saturday 5th September 2015
10am–2pm

Bookings essential. Please call 9792 1111

Relationships Australia–Bunbury Branch
20 Molloy Street Bunbury 6230
www.relationshipswa.org.au

PARENT TEEN CONNECTION

4 week course

We have all gone through adolescence – do we remember? It has always been a challenging, sometimes frustrating period of life’s journey. This course reduces stress and teaches parents to communicate, negotiate and minimise conflict.

Topics include:
- Developmental Stages
- Adolescent Tasks and Authoritative Parenting Style
- Effective Discipline
- Setting Boundaries
- Using Consequences to Build Responsibility
- Communication
- Good Listening
- Teens and Technology

Bunbury Family Relationship Centre
20 Molloy Street (Symmons Street access)
6th, 13th, 20th & 27th August 2015
9.30am–12noon
$50pp $75 per couple

Bookings essential. Please call 9792 1111

Relationships Australia–Bunbury Branch
20 Molloy Street Bunbury 6230
www.relationshipswa.org.au
# Relationships Australia

## JULY - DECEMBER 2015 SEMINARS AND COURSES

...RELATIONSHIP BUILDING... SELF DEVELOPMENT... PARENTING... SUPPORT...

### BUNBURY

<table>
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<tr>
<th>Seminar/Program</th>
<th>Dates/Details</th>
<th>Times</th>
<th>Fee</th>
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| Communication for Couples (weekend course)           | 24th, 25th & 26th July                             | Fri 6.30pm-9.00pm  
Sat 10am-2pm  
Sun 10am-1pm | $160 p/couple |
| Understanding Angry Emotions (evening seminar)       | Tues 28th July                                     | 6.30pm-9.00pm    | $25pp        |
| Parent Teen Connection (4 week course)               | Thursday mornings commences 6th August             | 9.30am-12noon    | $50pp  
$75pp p/couple |
| Setting Healthy Boundaries (morning seminar)         | Tues 11th August                                   | 9.30am-12noon    | $25pp        |
| All About Anger for Parents and Teens                | Sat 5th September                                  | 10am-2pm         | $60pp/family |
| Healthy Self Esteem (morning seminar)                | Tues 8th September                                 | 9.30am-12noon    | $25pp        |
| Healthy Conflict In Relationships (evening seminar)  | Tues 8th September                                 | 6.30pm-9.00pm    | $25pp        |
| Managing Stress and Anger for Women (6 week course)  | Monday mornings commences 26th Oct                 | 9.30am-12noon    | $120pp       |
| Express Yourself Assertively (morning seminar)       | Tues 3rd November                                  | 9.30am-12noon    | $25pp        |
| Family of Origin (morning seminar)                   | Tues 1st December                                  | 9.30am-12noon    | $25pp        |

### SUPPORT FOR MEN

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<th>Seminar/Program</th>
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<th>Times</th>
<th>Fee</th>
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| Anger Management for Men (6 week course) Held in Bunbury on a Thursday evening. | Term 3 course commences 30th July  
Term 4 course commences 26th Oct | 6.30pm-9.00pm | $120pp |
| Communication Skills in Relationships–For Men (2 week course) | Thursday evenings  
17th & 24th September | 6.30pm-9.00pm | $50pp  |
| Dads Raising Girls (evening seminar)                 | Tuesday 27th October                                | 6.30pm-9.00pm    | $25pp  |
| Nuts and Bolts of Being a Dad (4 week course)        | Tuesday evenings commencing 10th Nov                | 6.30pm-9.00pm    | $50pp  |

Bunbury courses are held at Bunbury Family Relationship Centre (corner of Molloy and Symmons Streets)  
Bunbury. Access to the Family Relationship Centre is from Symmons Street side of the building.

### BUSSELTON

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<td>Communication Skills in Relationships–For Men (2 week course)</td>
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Busselton courses are held at the Busselton Family Relationship Centre – 59 Bussell Highway Busselton.  
Bookings for Busselton courses are made through Relationships Australia Bunbury Branch – Tel: 9792 1111

Please note – course sessions are not held on any public holidays.

Please call Michelle 08 9792 1111 for course information and bookings.
Relationships Australia  
20 Molloy Street  
Bunbury WA 6230  
Tel: 08 9792 1111  
Website: www.relationshipswa.org.au

CONCESSIONS AVAILABLE
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2nd Bunbury Sea Scouts

Request the pleasure of past and present members to our

Centenary Celebration & Open Day

Cobblestone Drive, Bunbury

10.00 am to 3.00pm Sunday 13th September 2015

For further details, contact Gaye Dwyer on 0427954225 or gl.bunbury@scoutswa.com.au